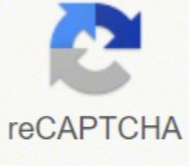




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Sharp carousel convection microwave cookbook free download

Page 1 DOUBLE GRILL Convection Microwave Oven OPERATION MANUAL COOKBOOK R-820JS R-820BC... DATE OF PURCHASE DEALER TELEPHONE SERVICER TELEPHONE TO PHONE: DIAL 1-800- BE-SHARP (237-4277) for : SERVICE (for your nearest Sharp Authorized Servicer) PARTS (for your authorized parts distributor) ADDITIONAL CUSTOMER INFORMATION DIAL 1-800-642-2122 for :... C O N T E N T S For Customer Assistance ... Inside cover Precautions to Avoid Possible Exposure to Excessive Microwave Energy ... Inside cover Limited Warranty ... 1 Product Information Card ... 1 Important Safety Instructions ... 2 Installation Instructions ... Sharp to the purchaser with respect to the Product, and shall constitute full satisfaction of all claims, whether based on contract, negligence, strict liability or otherwise. In no event shall Sharp be liable, or in any way responsible, for any damages or defects in the Product which were caused by repairs or attempted repairs performed by anyone other than an authorized servicer. 20 seconds before removing the container. e. Use extreme care when inserting a spoon or other utensil into the container. 18. If the oven light fails, consult a SHARP AUTHORIZED SERVICER. 19. Do not operate any heating or cooking appliance beneath this appliance. Notes: 1. If you have any questions about the grounding or electrical instructions, consult a qualified electrician or service person. 2. Neither Sharp nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the correct electrical connection procedures. Check it for microwave cooking principles, techniques, hints and recipes. See pages 38 and 39 for ordering the Sharp Carousel Microwave Cookbook. NEVER use the oven without the turntable and support nor turn the turntable over so that a large dish could be placed in the oven. A microwave-safe thermometer will assist you in determining correct doneness and assure you that foods have been cooked to safe temperatures when using microwave-only cooking. Sharp is not responsible for any damage to the oven when accessories are used. Microwave Only... I N F O R M A T I O N Y O U N E E D T O K N O W ABOUT CHILDREN AND THE MICROWAVE Children below the age of 7 should use the microwave oven with a supervising person very near to them. Between the ages of 7 and 12, the supervising person should be in the same room. P A R T N A M E S MICROWAVE OVEN PARTS 1 One touch door open button Push to open door. 2 Oven door with see-through window 3 Safety door latches The oven will not operate unless the door is securely closed. 4 Door hinges 5 Door seals and sealing surfaces 6 Turntable motor shaft... P A R T N A M E S R - 8 2 0 J 17,18 17,18 17,18 10,11 14,15 9, 22 Number next to the control panel illustration indicates page on which there are a feature description and usage information. R - 8 2 0 B 17,19 17,18... • Before the oven can be used, follow these procedures: 1. Plug in the oven. Close the door. The oven display will show SHARP SIMPLY THE BEST PRESS CLEAR AND PRESS CLOCK. 2. Touch the Stop/Clear pad. will appear. M A N U A L O P E R A T I O N CONVECTION COOKING During convection heating, hot air is circulated through- out the oven cavity to brown and crisp foods quickly and evenly. This oven can be programmed for ten different convection cooking temperatures for up to 99 minutes, 99 seconds. Page 14 M A N U A L O P E R A T I O N 3, 4, 5 Special Convection Settings Your oven has pre-programmed settings which are ideal for special baking. All that is necessary is to enter cooking time. M A N U A L O P E R A T I O N GRILL COOKING Your oven has two grill cooking options. Select the desired grill setting by touching the Grill pad. It is not necessary to preheat for grill cooking. GRILL SETTING S E T T I N G 1. O P E R A T I O N Helpful Hints for Convection, Roast and Grill Cooking Your Sharp Double Grill Convection Microwave Oven can cook any food perfectly because of the number of ways it can cook: microwave, roast (con-vection with microwave cooking), convection and grill. S P E C I A L F E A T U R E S POPCORN Popcorn will automatically compute the correct cooking time and microwave power level for most brands of microwave popcorn. • Suppose you want to pop a regular size (3.5 oz) bag of popcorn. Page 18 S P E C I A L F E A T U R E S REHEAT CHART F O O D A M O U N T 1. Casserole 1 - 4 cups 2. Dinner Plate 1 plate 1 Regular 1 Large 1 Small 3. S P E C I A L F E A T U R E S AUTO DEFROST AutoDefrost automatically defrosts all the foods found in the AutoDefrost Chart below. • Suppose you want to defrost a 2.0 pound steak. P R O C E D U R E SELECT FOOD Touch Auto... S P E C I A L F E A T U R E S AUTO COOK / BAKE / PIZZA / GRILL / ROAST All of the Auto settings take the guesswork out of preparing many popular foods. Each food is cooked using the best cooking method and the proper cooking time. S P E C I A L F E A T U R E S AUTO COOK CHART (continued) F O O D A M O U N T 3 - 1.5 lb 5. Seafood, fish AUTO BAKE CHART S E T T I N G F O O D P A N S I Z E / Q T Y 1. S P E C I A L F E A T U R E S AUTO GRILL CHART S E T T I N G F O O D Q U A N T I T Y 1. Hamburgers 1 - 7 (1/4 lb each) 2. O T H E R C O N V E N I E N T F E A T U R E S CUSTOM HELP Custom Help provides 5 features which make using your oven easy because specific instructions are provided in the interactive display. O T H E R C O N V E N I E N T F E A T U R E S MANUAL DEFROST If the food that you wish to defrost is not listed on the AutoDefrost Chart or is above or below the limits in the "Amount"... O T H E R C O N V E N I E N T F E A T U R E S KITCHEN TIMER • Suppose you want to time a 3 minute long distance phone call. P R O C E D U R E Touch Kitchen Timer pad. If "NO" is the answer to any of the above questions, please check electrical outlet, fuse and/or circuit breaker. If they are functioning properly. CONTACT YOUR NEAREST SHARP AUTHORIZED SERVICER. A microwave oven should never be serviced by a "do-it-yourself" repair person. I N T R O D U C T I O N The Grill 2 Convection Microwave oven is the ultimate cooking team. This state-of-the-art system brings together the best of all worlds. Enjoy the browning and crisping capabilities of convection plus the speed of microwave cooking. F O O D S A N D B E S T C O O K I N G M E T H O D S There's an easy way to cook each of your favorite foods. Matching the best method and setting to the food is the secret to success time after time. Page 29 F O O D A N D B E S T F O O D S P E C I A L S E T T I N G Meat, Fish & Poultry Bacon Reheat 1 Casseroles Chicken, whole AutoRoast 1 Chicken, boneless pieces AutoGrill 4 Chicken, bone-in pieces... R O A S T I N G The ROAST setting roasts perfectly. Preheating the oven is not necessary for roasting meat and poultry. Place foods on the rack which holds meat out of its juices. Never cover the rack with aluminum foil. You don't need a pan because the turntable will catch the drippings. M A I N D I S H R E C I P E S Pot Roast with Vegetables 4 to 5-pound round or chuck pot roast teaspoon salt teaspoon garlic powder teaspoon dried thyme leaves teaspoon pepper 4 potatoes, peeled and quartered 3 onions, quartered 2 carrots, sliced cup water... Page 32 M A I N D I S H R E C I P E S Stuffed Pork Chops 4 pork chops, 1 inches thick 1 cup chopped apple cup soft bread crumbs cup chopped walnuts cup chopped onion cup raisins 1 egg 1 teaspoon dried parsley flakes teaspoon dried thyme leaves... Page 33 M A I N D I S H R E C I P E S Hearty Pizza 1 pound ground beef or 4 to 6 ounces sliced pepperoni 2 medium onions, chopped 2 cloves garlic, finely chopped 2 tablespoons olive oil 1 can (28 oz.) crushed tomatoes in puree 1 tablespoon dried oregano leaves 1 teaspoon dried basil leaves... G R I L L I N G Your oven grills giving tender, juicy results. Check chart below for approximate grill times. Program oven for the maximum time but check at the minimum time. If done, remove. If not, simply touch Start/Touch On and continue grilling, checking frequently until the desired doneness is achieved. G R I L L I N G R E C I P E S Oriental Flank Steak cup sherry 2 tablespoons packed brown sugar teaspoon salt 3 tablespoons soy sauce 3 tablespoons Hoisin sauce 3 tablespoons catsup 1 tablespoon minced fresh ginger 2 green onions, thinly sliced 1 to 1 -pound flank steak... G R I L L I N G R E C I P E S Grilled Salmon with Basil Sauce 2 tablespoons olive oil 1 clove garlic, minced cup white wine 2 tablespoons lemon juice 1 cup fresh basil* cup grated Parmesan cheese teaspoon Dijon-style mustard 4 salmon steaks (1 to 1... B A K I N G In a convection oven, the moving evenly heated air bakes and browns foods beautifully. Preheating the oven is necessary for convection cooking and baking. HELPFUL HINTS * Metal pizza pans are ideal for baking of cookies, biscuits and frozen convenience foods. 1 tablespoon margarine or butter cups buttermilk baking mix cup milk 1 egg, well beaten cup shredded sharp Cheddar cheese 2 tablespoons snipped parsley or 1 tablespoon dried parsley flakes 2 tablespoons margarine or butter cup shredded sharp Cheddar cheese Combine onion and 1 tablespoon margarine in small bowl. Page 39 B A K I N G R E C I P E S Chocolate Chip Banana Crumb Loaf 1 package (14 ounces) banana bread mix or banana muffin mix cup semisweet chocolate mini morsels ingredients to complete mix Crumb Topping: cup chopped walnuts cup all-purpose flour 2 tablespoons granulated sugar... Page 40 B A K I N G R E C I P E S Coconut Oatmeal Pie 3 eggs, well beaten 1 cup packed brown sugar cup granulated sugar cup quick-cooking oats cup shredded coconut cup milk 2 tablespoons margarine or butter, melted 1 teaspoon vanilla cup broken pecans 1 9-inch unbaked pie shell... Page 41 Center) for \$6.00 plus \$4.25 shipping & handling and tax, if applicable, per book. SATISFACTION GUARANTEED You must be completely satisfied with the Sharp Carousel Microwave Cookbook. If, within 14 days, you are dissatisfied for any reason, simply return the book and we'll gladly refund your \$6.00 plus tax. PERSONAL RECIPES AND NOTES Please send me _____ cookbooks at \$10.25 each Illinois sales tax, (if applicable) per book \$4.44 no. of books _____ I have enclosed a check made payable to Sharp Accessories & Supplies Center. Please bill my VISA Acct. Page 43 N O T E S... G U I A A U T O - T O U C H REHEAT 1 Toque el botón Reheat. 2 Seleccione el ajuste de recalentamiento deseado (Por ejemplo, Toque 4 y 2 para calentar rollos/bollos.) 3 Toque 2 para 2 rollos/bollos. 4 Toque el botón Start/Touch On. G U I A A U T O - T O U C H Para mayor información y precauciones de seguridad, consulte el Manual de Operaciones. FIJACION DEL RELQJ SI en la pantalla aparece SHARP SIMPLY THE BEST toque primero Stop/ PRESS CLEAR AND PRESS CLOCK Clear. A U T O - T O U C H G U I D E REHEAT 1 Touch Reheat pad. 2 Select desired reheat setting. (Ex. Touch 4 and 2 to warm frozen rolls/muffins.) 3 Touch 2 for 2 rolls/muffins. 4 Touch Start/Touch On pad. Page 47 A U T O - T O U C H G U I D E For more complete information and safety precautions, refer to your Operation Manual. SET CLOCK SHARP SIMPLY THE BEST PRESS CLEAR AND PRESS CLOCK is in the display, first touch Stop/Clear. 1 Touch Clock pad.

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